



Hydrafacial Aftercare Instructions

General Information

Hydrafacial™ is the only hydradermabrasion treatment that combines cleansing, extraction and hydration simultaneously, resulting in clearer, more beautiful skin with no downtime. The treatments are soothing, moisturizing, non-invasive and generally non-irritating. As with most treatments, visible results from Hydrafacial will vary from person to person.

What to Expect During and Immediately After Treatment

Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity. You may experience tingling and stinging during the treatment area. These sensations generally subside within three hours of treatment. Patient experiences may vary. Some people may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

Next Steps

You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer-lasting results, consider upgrading your home care to Alastin medical grade skincare and continue monthly Hydrafacial treatments. The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Avoid direct sun exposure and use a minimum of SPF 36 sunscreen. Aggressive exfoliation, waxing and products containing acids should be avoided in the treatment area for a minimum of two weeks pre- and post-treatment. Avoid the use of Retin-A type products 5-7 days before and after your treatment.

Contact information:

For questions or concerns not requiring an urgent response please call us at
206.683.4893

If you are experiencing a medical emergency, please call 911.